

Saint Bernard Church



February 18, 2024
First Sunday of Lent

Rev. David F. Gaffney, Pastor

sbc.pastor@aol.com

Rev. John E. Unsworth, Pastor, Emeritus

Rev. Charles Maher, Weekday Assistant

Rev. Albino Barrera, OP Weekend Assistant

Pastoral Assistant: Angelo Giacchi
Business Manager: David Cote
Elementary Faith Formation: Dawn Masterson
Youth Faith Formation: Christina Pichette
Music Director: Alison Shea

Mass Schedules

Weekends

Saturday Vigil ~ 5:00 PM

Sundays

7:00 AM 8:30 AM 10:30 AM

Weekdays

8:00 AM Monday through Friday

Address: 275 Tower Hill Road
North Kingstown, RI 02852

Phone : 401-295-0387

E-mail: sbc.bus@verizon.net (David)
sbc.pa@verizon.net (Angelo)

Web: www.stbernardnk.org

Hours: Mon - Tues: 9:00 AM - 4:00 PM
Wednesday 9:00 AM - 12:00 PM
Thursday & Friday: Closed

Baptism: Please call Angelo at the Parish Center for information about scheduling and preparation.

Communion to the Sick: Please notify us of those sick and in need of Communion at home.

Marriage: Please call 10 months in advance.

Holy Orders: Tel: 401-831-8011
www.catholicpriest.com

Project Rachel: Post abortion counseling
Tel: 401-421-7833, ext. 118

Sacrament of Reconciliation: Saturdays 4:00 PM

Eucharistic Adoration

Following Tuesday's 8:00 AM Mass until 11:00 AM

Family Faith Formation Program

Our programs provide parishioners of all ages opportunities for learning, growing and living our Faith through common experiences, age-specific learning and interactive sharing. Please call the Parish Center for information regarding any of our programs or email:

First Communion Grade 2:
sbcreligiouseducation@gmail.com

Confirmation Grades 8 & 9: sbc.teenff@gmail.com

Gospel Weeklies Grades 1, 3, 4, 5, 6 & 7:
stbernardgospelweeklies@gmail.com

Ponderings

Lent has begun! Let us embrace “Prayer, Fasting and Almsgiving.”

Prayer

The Catechism of the Catholic Church defines prayer in a beautiful way, saying, “Prayer is the rising of one’s mind and heart to God or the requesting of good things from God.” (CCC 2559). Prayer is communicating with God. Prayer is both ‘speaking’ and ‘listening’. It is also a matter of both the mind and the heart. Perhaps I am a person who often prays “from my mind”. How about trying to pray “from the heart”? Praying from the heart, I believe, requires more listening---it requires moments of silence when I can listen to God---listen to what God is doing in my life and what he is inviting me to do. Pope Francis has called Lent a “privileged time for prayer.” In a particular way, during the season of Lent, times of prayer can help us to see where we have sinned and where we want to ‘change’ something in my life that will help me to grow in my friendship with Jesus Christ. As the Confiteor reminds us, I can sin in “what I have done and in what I have failed to do.”

Here’s an idea for families: Write down the names of forty people you know----friends, relatives, neighbors, classmates, parishioners, etc.---on a small slip of paper. In the morning ‘pull a name’ and pray for that person in that moment and throughout the day. Make that strip of paper a link in a chain. At the end of Lent, you will have a chain of forty names!

Fasting

Fasting is a practice of giving up something, usually a food. We fast on Ash Wednesday and Good Friday (those age 18-59). We might also think of fasting from ‘time on social media’ or ‘time on our cell phones’ or ‘time in front of the TV’ or ‘time with video games’. Pope Francis has said, “Fasting makes sense if it really chips away at our security and, as a consequence, benefits someone else, if it helps us cultivate the style of the Good Samaritan, who bent down to the person in need and took care of him.”

Here’s an idea for families: Most children will be exempt from ‘fasting’---but they can also choose an item to fast from. A child might fast from ‘sweets’. Or, how about ‘fasting’ from ‘snarky comments’ to siblings. This can be a time to grow in charity. A good connection between fasting and almsgiving is to take the amount of money I may have spent on a candy bar, for example, and put it in the ‘rice bowl’ –to be given to the poor.

Almsgiving

Almsgiving is the practice of giving money or goods to those in need. It is an act of charity that benefits our brothers and sisters who are in need. The Catechism of the Catholic Church describes it as a “work of justice pleasing to God.” (CCC2462. Almsgiving can help us look at what might be ‘selfish’ or ‘self-centered’ in our lives---and help us focus on ‘others’---those we know and those we may not know who are in need. A few coins added together can make a difference in the lives of others—to help them with the essentials of food, shelter and clothing. St. Teresa of Calcutta (Mother Teresa) said, “It is not how much we give but how much love we put into giving.” It really is not about an amount---it is about the sacrifice, the kindness, the charity---love that motivates me to give.

Here’s an idea for families: One family uses a ‘Sacrifice Jar’. As each family makes a sacrifice during the day they can place one penny in the jar. The sacrifice might be to follow through on a household chore. It might mean helping a sibling with a project.

Are you enjoying the daily meditations in the Magnificat Lenten Companion?

--Fr. Gaffney

Soup & Scripture Series: February 24

Name: _____

Number Attending: _____



Mass Intentions

MONDAY, February 19
8:00 AM — *Peter Quinn*

TUESDAY, February 20
8:00 AM — *Edward O’Keefe*

WEDNESDAY, February 21
8:00 AM — *Julia Buckley*
by her family

THURSDAY, February 22
8:00 AM — *Rob Verdi*
birthday remembrance by his family

FRIDAY, February 23
8:00 AM — *Peter Fitzpatrick*
by Mary & Ken McKay

WEEKEND MASS SCHEDULE

SATURDAY, February 24
5:00 PM — *Mary DiDonato*

SUNDAY, February 25
7:00 AM — *Deceased of the Parish*

8:30 AM — *John & Rita Velino*

10:30 AM — *Joseph Brian*

Mission 150: “Memory Lane”

Former Pastor Fr. Fred Halloran



If you have photos from St. Bernard Church events from the past you can give them to us to scan for future bulletins.

St. Bernard Church

Celebrates 150 Years

1874—2024 : MISSION 150



If you did not receive our recent mailing about the 150th (with calendar of events) please see Fr. Gaffney after Mass---we have extra copies. !

Soup-er Bowl! (Super Bowl!)

Outreach to help the Poor.

1057 Cans Collected



We welcome families to bring their children—our youngest parishioners—in their strollers to Mass.

Parish Support

February 4, 2024 2023

Basket	\$7,635.00	\$9,724.00
ACH	\$3,004.00	\$3,299.00

February 11, 2024 2023

Basket	\$9,298.00	\$6,698.00
ACH	\$2,734.00	\$2,474.00

YTD	\$362,676.00	\$345,265.00
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Lenten Fast & Abstinence Regulations

A gentle reminder that Church law requires abstinence from meat, meat soups or other dishes made from meat (for those 14 and older) on Ash Wednesday and all the Fridays of Lent. In addition, Ash Wednesday and Good Friday are fast days. Adults between the ages of 18 and 59 should eat less: that means, take no solid food between meals and only one meal that day should be a full one. Those with special health restrictions should always follow their doctor's advice before fasting.

Worship 101

Finding More Meaning in the Mass (An Adult Faith Formation program). The meetings will be on **Tuesdays at 7:00 PM**, in the parish hall. on February 27, March 19

Grief Group

The schedule of meetings are **Tuesdays, 6:30-7:30**, March 12, April 16, May 14. If anyone would like more information about the group, please see Fr. Gaffney.

Lent at St. Bernard 2024 Mission 150

Weekdays: Mass at 8:00 a.m. Come for Morning Mass, Monday-Friday at 8:00 a.m.

The Magnificat Lenten Companion. Pick up a copy of this publication with daily reflections. One per household, please.

Stations of the Cross. This devotional prayer will take place on Friday mornings immediately after the Morning Mass. (This has worked out well for the past three years)

Lenten Mission: February 24-28th. Rev. James Quigley, OP will preach the Lenten Mission. He will preach at all weekend masses; then Monday-Wednesday there will be a 7:00 p.m. Mass with 'mission homily'; in addition—The Sacrament of Penance will be available Monday-Wednesday 6:15-6:45 p.m. (2 priests available)

Soup and Scripture Series. Fr. Gaffney will offer a "Bible Study" focusing on the Gospel of Mark on three Saturdays at Noon. A simple meal of 'soup' will be offered. The dates are:

February 24, March 9 and March 23.

Bring your Bible. Arrive at the parish center 11:30-11:45. Each session will begin at Noon and end at 1:00 p.m. A free will offering will be accepted. Please call, e-mail, or return response slip in the bulletin to the parish center one week in advance.

Rice Bowls. These will be available if you would like to use them for 'sacrificial giving' during Lent.

Sacrament of Penance. We will increase the time available on Saturday afternoons. We will add 30 minutes to the time for 'confessions'. For the Saturdays of Lent, we will offer the Sacrament of Penance from 3:30-4:30 p.m.

Young at Heart February Luncheon

Monday, February 26 at Noon (sign in at 11:30 AM)

Menu: TBD

Name (s) _____

Cost: \$15.00 per person. (Please make out checks payable to St. Bernard)
Please respond by **Monday, February 19.**

Faith Formation 2023-2024

Weather related Class Cancellations! Please go to <https://turnto10.com/> or the local TV/Radio Channels for updates

Gospel Weeklies Program

Grades 1, 3, 4, 5, 6, 7

In-person class schedule 9:25-10:25 am

Next Class: 2/25/2024

** Return completed assignments to next in-person class

Sacramental Preparation Program

Grades 2, 8, 9

In-person class schedule: 9:30-10:45

Next Class: 3/10/2024

Grade 2 & 8 is expected to return each Gospel Weekly to the next in person class. This is so the lesson from the Gospel of the week is reviewed in a timely manner and the program stays on track.

For more detailed information, please refer to your Weekly News Family email.

Family Lenten Calendar

Designed for families, Sadlier's **Lenten Calendar** offers a Scripture passage for reflection and a suggestion for an action, prayer, or contemplation for each day of the Lenten season. This resource is free and is available for pickup each week of Lent starting the weekend before Ash Wednesday, in the vestibule. If you would like the whole packet all at once, please email Christina at

sbc.teenff@gmail.com

Parking Lot Reminder

Please park in designated parking spaces. Please do not park in the fire lane----this lane is for the safety of everyone should rescue or fire apparatus need access to the church or parish center. In addition, please be mindful that children are leaving their 'faith formation classes' on Sunday mornings between 10:25 a.m. and 10:45 a.m. Those entering the parking lot at that time are asked to proceed slowly and with caution. The best solution: arrive early for the 10:30 a.m. Mass!

Teen Life Ministry

St. Bernard, together with St. Francis de Sales Parish, is offering a new program called Teen Life Ministry. This ministry is open to any current middle school or high school students. This will be an opportunity for local teens to socialize, share their faith, and get involved in community service. The ministry will meet once a month throughout the school year on a Friday or Sunday evening. Meetings will be held at either St. Bernard's or St. Francis de Sales on a rotating basis. This will be an uplifting and fun ministry. No commitment is necessary. To sign up, or for more information, please contact Christina Pichette at

sbc.teenff@gmail.com

The next Teen Life Ministry gathering will take place at St. Francis de Sales on Sunday, March 10, from 6PM-7:30PM. For a list of all the upcoming dates, please refer to our website:

www.stbernardnk.org/youth-ministry/

The 2024 Catholic Charity Appeal

Support for Seminarians



Each time a man has the opportunity to answer God's call to the priesthood, you make a difference. Together as a Catholic Community of Hope, we can provide support to seminarians currently studying to become priests in the Diocese of Providence. Please support vocations with a generous gift to the 2024 Catholic Charity Appeal at:

Dioceseofprovidence.org/CCA

St. Bernard Scholarship Fund

Applications are now available on the Parish web site and at the Parish Center for graduating high school seniors of the Parish. Three \$2,500 scholarships will be awarded in June 2024. To be considered, completed applications must be returned by April 15, 2024.

President's Day

On Monday, February 19, the Parish Office will be closed and our daily Mass will be at 8:00 AM.

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